

Doncaster Carers Charter



A **CARER** is someone of any age who supports a relative, partner, friend or neighbour who due to physical or mental illness, disability, frailty or addiction could not manage without that support. Doncaster Council and all of our partners are committed to providing help and support for carers in their daily life by recognising what's important, including:



Helping you **to be healthy**



Providing opportunities **to have friends** and be part of social activities in the community and beyond



Supporting **time for you** away from caring



Promoting **choices** so you can tap into the right support at the right time in the way that you choose



Valuing your caring role, ensuring you are recognised and heard



Encouraging **opportunities to learn or work**



you care – we care
www.yourlifedoncaster.co.uk

